The Curriculum Proposal: Implementing more school gardens and teaching waste as a resource to help achieve food security

Example case: Lima, Peru

22 October 2015

The Project



- Internship with FAO on an initiative regarding Food Security
- Workshops with MIDIS, MINSA, MINED, MINAGRI
- Intersectoral & interinstitutional cooperation
- School gardens & food security

My Role

- Aided in the construction of a garden
- Taught about food security and waste as a resource
- Developed ideas about how to foster intersectoral and interinstitutional cooperation



Conceptual Framework



- Using lesson plans (devised by me) to teach kids importance of food security and waste as a resource
- Empower a poorer
 community to grow more
 food for themselves and
 better understand the
 importance of proper
 nutrition during childhood
 and in school

Lesson Plans

1. Why is a garden important to us?

2. What is important to a garden?

- 3. Compost
- 4. Plastic
- 5. Seed banks
- 6. Connecting the dots
- 7. Reflections



Comm. Impact for potential FW in this/similar situation

- Increases access to food, productivity, nutrition/food security
- Able to include parents, neighbors, nearby restaurants, other community gardens, etc.
- Reduces municipality waste haul load, landfill fees, carbon fees, able to feed hungry people; etc.



The Proposal

 Teach waste as a resource regularly in schools using the garden as the venue

- Involve:
 - parents, teachers
 - if possible:
 - local cafes
 - MOSI or other museums (depending on location)
 - the zoo or local farms
 (FW = animal feed;
 receive starter plants
 from farms)
 - community gardens



Significance: Gardens act as an axis of major themes

Environment - Climate change - Food waste - Soils

<u>School</u> Gardens

- Science & biology
 - Art & literature
 - Math
 - Environment

Education

Health

- Nutrition
- Healthy habits
- Food security

- Cooperation

- Skill development

-Sustainable development

- Youth, parents, professors

Social Inclusion



- Rural development -Education
 - Environment
 - Family farming
 - Food security
 - Climate change
 - Nutrition
- Community building

- Soils

- Food waste

- Human development

- Public health

Food Security & Children



- Growing population
- Changing diets
- Climate change
- Ocean acidification & depleted fisheries
- Energy
- Soils

How do we do it?

Act locally

- Top-down or bottom-up approach
- Incorporate the garden into existing classes and topics
- Start small potted garden
- Reach out for help from our neighbors – parents, farmers, museums, other schools

Think nationally

- Reach out to local, state & federal government
- Do a little research –
 there's tons of materials



The garden before and after...

July October





From open space to more than 30 banana trees.

